



## From The Rector: Disciples Daily—Daily Prayers

In the month of February, Ash Wednesday is February 22nd. We will mark the beginning of Lent with services of Holy Communion and the Imposition of Ashes at 7 a. m. and 6 p.m. (Shrove Tuesday Pancake Supper info is on page 2). Always, the challenge for us is to shift from celebration to preparation as we move from Epiphany to Lent. The task in Lent is one of preparation.

People who know me know that I like to say, “God did not invent Lent...” nor did Jesus institute it along with Baptism and the Lord’s Supper; rather, the church — God’s people — set aside days (at first a week and later a whole season of days) to prepare for the yearly celebration of the Resurrection of our Lord.

Psalm 90, verse 12 says, “So teach us to number our days that we may apply our hearts to wisdom.” We are disciples *daily*...we have from the beginning of February this year to prepare for Lent AND Lent gives us a season to teach us to “number our days” as disciples daily.

I encourage you to prepare for and “welcome Lent” — embrace and receive the new season as a gift for your spiritual life and health. Take time to get ready for the Resurrection! Consider taking on a personal Bible study, ten minutes a day, for 40 days, or, as you put some of your favorite music on your iPod (preferably without words) to exercise, pray while you jog or walk. Think about 200 people praying 10 minutes a day for Lent — that would equate to 55.5 days of prayer!

Or even better, I suggest that you add **daily prayers** to your routine.

*(Continued on page 5)*

## Annual Super Chili Bowl

You are invited to the annual Super Chili Bowl Cook-off on **Sunday, February 5<sup>th</sup>** immediately following the 10:30 service. You may bring your favorite chili recipe and compete in one of three categories:

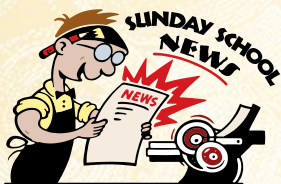
- Hottest
- Most Unique
- Best All-Around.

Each category winner will be awarded \$25. If you don't wish to compete then be our guest and enjoy the delicious House Chili with your fellow Adventers while tasting the competition chilies as well. The Cook-off will be over in plenty of time for you to get home and prepare for the Super Bowl game.

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## Sunday School Offerings

Children's Sunday school gather in the lower level of the parish hall. They welcome children from Kindergarten through fifth grades.

The study of the **First Letter of Paul to the Corinthians** will continue in the library led by Larry Douglass and Tom Jurka.

The Rev. Donna Scott leads **Formation of the Canon of Scripture February 5, 12 & 19**. Come and discover more about the text of the Scripture. Why did the church include the books that it did and leave out some others and not decide on the contents of the Bible until the 4th century? We will also look at different English translations of the Bible and discuss ways of appreciating their differences. Come and share your ideas with others interested in being formed, and informed, by holy Scripture!

Then during Lent beginning on **February 26<sup>th</sup>**, Canon Anne Stevenson will lead us in: **A Journey Through Lent, using Scripture, Reflection and Prayer:**

Lent 1 (2/26) Temptation

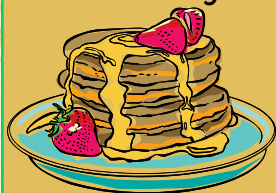
Lent 2 (3/4) Water and Spirit

Lent 3 (3/11) For what do you thirst?

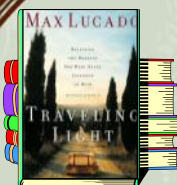
Lent 4 (3/18) Spiritual Blindness

Lent 5 (3/25) New Life

### Shrove Tuesday



Join us **Tuesday, February 21<sup>st</sup>, 5:30-7:00 p.m.** for a **Shrove Tuesday Pancake Dinner**. This is a fundraiser for Advent's Youth (EYC). This is our last chance to feast before we begin a time of abstinence during Lent which begins the next day on Ash Wednesday. Cost is \$5 for adults, \$3 for children or \$20 per family maximum. This is not only a great chance to support your EYC, but a great excuse to get out of making dinner!



## Chapter of the Holy Spirit

gathers on **Thursday, February 16<sup>th</sup>** at **7:00 p.m.** at the home of Janice Rice.

They continue reading Traveling Light: Releasing the Burdens You Were Never Intended to Bear by Max Lucado.

Please read chapters **16 & 17** for the meeting. Holy Spirit is a relaxed book club who (*usually*) meet on the third Thursday of every month.

Visitors are always welcome and you need not commit to attend every meeting.

## ★ EXTRA! EXTRA! ★ Men's News

The Men's Club will gather for their monthly breakfast meeting on **Saturday, February 4<sup>th</sup>** at **8:00 a.m.** in the Moss Room.

Going forward they have moved their monthly birthday gatherings to the third Thursday (instead of the fourth). They will gather next on **Thursday, February 16<sup>th</sup>** at **6:00 p.m.** Location to be announced later.



## Sing With The Choir In Holy Week

Here is your opportunity to join Advent's Choir without a long term commitment! We are planning the music for Holy Week and want to invite those of you who cannot participate in a permanent way, but would like to participate in the choir just for Holy Week. Please contact Waldemar at [adventmusic@comcast.net](mailto:adventmusic@comcast.net) or 373-5630 if you are interested.

**Mobile Meals Drivers Desperately Needed**

Would you like to brighten someone's day? You can do just that by delivering a meal to a senior or disabled individual who may not otherwise have any visitors. Bring nutritional food and enjoy a friendly visit with seniors and disabled individuals in West Nashville five days a week, helping them to continue living independently. We need volunteers to drive a route on Wednesdays & Thursdays 10:30 a.m. – 12 noon. Substitutes are also needed.

**Food Bank**

Volunteers or substitutes are needed Thursdays from 9 a.m. to 1:30 p.m. to help pack food boxes and keep the shelves neatly stocked. Bring a friend! Lunch included. Must be able to lift at least 25 lbs.

**Evening Childcare**

This volunteer contribution would make it possible for the parents in our service area to attend one of our Adult Education classes. We need volunteers to help with our evening childcare on Tuesday evenings from 6pm-8pm. You would be working with children ranging in ages 3 -12, and you can decide your schedule as often as once a week or simply once a month.

For further information about these wonderful volunteer opportunities with **St. Luke's Community House** please contact Christie at 324-8375 or [christie.bearden@stlukescommunityhouse.org](mailto:christie.bearden@stlukescommunityhouse.org)

Below: Volunteers at St. Luke's Food Bank



## Episcopal Church Women Diocesan Update

Mark your calendars for these upcoming events:

**February 25, 2012** ECW/DOK joint Quiet Day will be held at St. Bartholomew's Church in Nashville from 9:00 a.m. until 1:30 p.m. There is no cost. Drinks will be furnished, but you will need to bring a brown bag lunch. The Rt. Rev. John Bauerschmidt will be the leader for the event. The Episcopal Church Women and the Daughters of the King are excited about this event. Please make plans to attend the Joint Quiet Day.

**April 27 - 29, 2012** Tennessee ECW Joint Spring Conference with East Tennessee and West Tennessee. West Tennessee is the host of this year's Spring Conference. It will be at Dubose Conference Center in Monteagle. The theme this year will be "Many Paths, One Journey." The keynote speaker will be the Rev. Dr. Jo Bailey Wells, a priest of the Church of England who teaches at Duke Divinity School. More information will be sent out in the near future.

✦ **This 'N That Thrift Shop** is seeking donations of both adults' and children's winter clothing. As usual, they always need bric-a-brac, jewelry and books. This 'N That is located at Charlotte Ave. & 50<sup>th</sup> Avenue North in West Nashville and are open Monday 8:30 a.m. to 1:30 p.m., Tuesday – Friday 10:00 a.m. to 4:00 p.m. & Saturday 10:00 a.m. to 1:00 p.m. Be sure to "Like" This 'N That on Facebook and see photos of new items.

- ⇒ Advent's **Vestry** will gather for dinner at Frank & Betty Fields home on Friday, February 3<sup>rd</sup> (time TBA) & have their Vestry Retreat Saturday, February 4<sup>th</sup> from 9 a.m. to 4 p.m. at St. Bartholomew's Rectory.
- ⇒ Advent will host 11 homeless men with **Room in the Inn** at St. Luke's Community Center on Saturday, February 4<sup>th</sup>. You may sign up to help in the Moss Room, Media Center or contact the church office for further information.
- ⇒ The **Altar Guild** will have a meeting in the Sanctuary on Saturday, February 18<sup>th</sup> at 10:30 a.m.
- ⇒ There will be an **Acolyte training session** & meeting for experienced & new acolytes Sunday, February 19<sup>th</sup> after the 10:30 a.m. service. Lunch provided.
- ⇒ We will have **two services of Holy Communion and Imposition of Ashes** on Ash Wednesday, February 22<sup>nd</sup> at 7:00 a.m. and 6:00 p.m.
- ⇒ During Lent, beginning Thursday, February 23<sup>rd</sup>, we will once again have **Morning Prayer** Monday–Friday at 7:15 a.m.



Below: Lynne Walker w/Advent Youth—"Say Cheese..."



## Advent's Youth Enjoy Golf, Games, Movies, Food & Fun... But NO Sleep

On Wednesday, December 21, 2011 Advent's youth held a lock-in at the church. The night began with Christmas caroling and was followed by two rounds of mini-golf at Grand Old Golf in Donelson. Upon return to the church, they were treated to pizza, compliments of Father Tom. After an exciting game of "Sardines," a few rounds of "Just Dance" and other video games, and an extremely intense "Spoons" competition, some youth settled down for the night in front of movies. The "Up All Night" award was presented to Brianna Koshy who slept only one hour. The alternate award went to Matthew Hailey. It's safe to say that this event will most likely become an annual event.

Advent's youth group, the EYC (Episcopal Youth Churchpersons), is open to children ages 11-18. Friends and visitors are always welcome. They gather on Sunday evenings, from 5-7:00 p.m. in the Student Ministry center (the lower level of the parish hall).

## Nursery Happenings

Many thanks to: the Koshy family for the donation of "new & exciting" toys; Dick light for the donation of a rocker; Betty & Frank Field for their donation of a toddler walker; & for the anonymous donation of \$50 to purchase a second walker! Thanks also to the many women and EYC members who have graciously volunteered to "play" in the nursery on Sunday mornings. To join the fun in the nursery contact the church office or Jane Simmons.

The e-nnouncer



- 2 Maynard Garrett
- 4 Percy Ballard
- 4 Pauline McIntyre
- 5 Abraham Cheij
- 7 Gregg Conroy
- 7 Lynn Conroy
- 7 Kathleen Hailey
- 7 Paul Hannah
- 7 Bob Higgins
- 7 Paul Nau
- 7 Bob Williams
- 9 Alex Clark
- 11 Melinda Senna
- 12 George Kelly
- 14 Ted Ross
- 15 Elizabeth Cañas
- 15 D.J. Conroy
- 16 Joel Van Brocklin
- 16 Barnett Williams
- 17 Daniel Conroy
- 19 Mears Fox
- 20 Olivia Hutchison
- 20 Dennis O'Neill
- 21 Delaniah Bringle
- 21 Lynne Gibson
- 21 Charles Watkins
- 22 Brenda Hamburg
- 22 Leslie Jackson
- 23 Carol LaNeve
- 23 Charles Morton
- 24 Mary Fletcher Fox
- 25 Nancy Parrish
- 26 Babs Shwab
- 28 James Atkinson

» Odds & Ends

- ➔ A sign up poster to usher at the 8:00 a.m. services through March is in the narthex. We need two volunteers each Sunday. Thank you for your gift of time.
- ➔ Mark your calendars!!! The Annual Advent Spring Retreat is scheduled for March 23-25, 2012 at St. Mary's in Sewanee.
- ➔ Mark your calendars for the Annual Episcopal Men's Conference August 7 -19, 2012.
- ➔ Convenient, pre-addressed & dated 2012 offering envelopes are available in the Narthex. \*Remember, if you place cash in the envelope you must put your name on the envelope or we won't know it is from you.
- ➔ Prayer Time is held on Tuesdays at 10:30 a.m. in the Sanctuary & Holy

- Communion is available Wednesdays at 12:15 p.m. in the Sanctuary. All are invited and welcome!
- ➔ The first Sunday of every month is Nametag Sunday (but feel free to wear yours every Sunday).
- ➔ If you would like to include an article in the Announcer, please remember the deadline is the 3<sup>rd</sup> Monday.
- ➔ Send us your e-mail address to stay informed! Receive the monthly newsletter and pastoral updates via e-mail.
- ➔ The 2012 coffee minute sign-up sheet is now up in the media center for those who would like to host a coffee minute.
- ➔ The 2012 Flower Chart for dedicating the altar flowers is in the Narthex.
- ➔ The Bookkeeper asks everyone to check their statements for accuracy (don't wait until the tax deadline).

From The Rector: Disciples Daily—Daily Prayers continued from page 1

You would be surprised how easily prayer “slides off” the screens of our lives, especially regular, intentional prayer. Our tradition offers a tremendous vehicle for hearing God's Word and remembering our daily prayers through the Daily Office.

During the season of Lent, we will be saying **Morning Prayer Monday through Friday in the church at 7:15 a.m.** Come and join us when you can and be a part of the community of our church praying together. Or, if you cannot join us, turn to page 38 or 76 in the Book of Common Prayer and say Morning Prayer “at a distance” with us together.

In the midst of Lent may you find new ways to outwardly express God's calling on your whole hearts and lives. Give yourself over as disciples daily to spiritual habits, such as daily prayer, that ultimately shapes your hearts. And finally, arrive at the joy of Easter!



Happy and Holy Lent, Tom H.

Rector  
The Rev. Thomas S. Hotchkiss  
Lay Assistant for Youth &  
Young Adults Ministry  
Lynne Walker  
Officers  
Senior Warden  
Frank Field  
Junior Warden  
Phocian Sampson  
Treasurer  
Gregg Conroy

Vestry  
Bill Ballard, Agenia Clark,  
Joe Collins, Barbara Jones,  
Bobbie Krieger, Oliver McIntyre,  
Stuart Nicholson, Jerry Rice,  
Flora Ukoli, Anne Williams

Men's Club  
President-Andy Milliken  
Vice-President-Landy Norris  
Treasurer-Gregg Conroy  
Secretary-Peter Calvert

ECW Leadership Council  
Bishop's Guild-Vickie Markham  
Fellowship-Delaniah Bringle  
Outreach-Lynn Conroy  
Parish Meals-Joan Vollmer  
Prayer Ministry-Anoosh Hower  
Treasurer-Betty Douglass

Staff  
Bookkeeper-Lisa Gaines  
Music Director-Waldemar Wensell  
Office Administrator-Tina Cozby



9 Harry & Velma  
Johnson